

OST 583 – Geriatrics
Spring Semester 6 - 2024

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Table of Contents

Course Description.....	2
Measurable Course Objectives	2
Professional Development and Reflection Skills.....	3
Course Coordinator.....	3
Course Faculty.....	4
Curriculum Assistants.....	4
Lines of Communication	4
Office Hours	4
Course Web Site.....	4
Textbooks and Reference Materials	4
Course-based Academic Support.....	5
Courses Begin and End Dates.....	5
Exams/Assessments.....	5
Course Grades.....	6
Student Evaluation of the Course	7
Academic Honesty and Professionalism	7
Types of Class Sessions	7
Mandatory and Optional Class Sessions.....	8
Absences from Mandatory Sessions and Examinations/Assessments	8
Computer-Based Testing.....	8
Medical Student Rights and Responsibilities	8
Remediation.....	9
Student Safety and Well-being	9
Academic Support Resources at MSUCOM	9
Requests for Accommodations.....	10
Title IX Notifications.....	10

Notice to Students: Although course syllabi at MSUCOM have a consistent format, vitally important details differ by course. For this reason, you must read the syllabus thoroughly at the onset of each course to know what the course will provide and what is expected of you.

Section 1 – Course Information

Course Description

OST583 is a 1 credit hour course.

The **geriatric curriculum** provides students with a firm fund of knowledge regarding the goals of care in the aging adult: symptomatic relief versus cure in the aging adult and a focus on improving quality of life. The concept of Optimal Aging encompasses the capacity to function across multiple domains: physical, functional, cognitive, emotional, social and spiritual, as stated by Brummel-Smith. The practice of osteopathic medicine supports these precepts.

Measurable Course Objectives

The American Osteopathic Association has identified osteopathic core competencies (OCC) essential for practice as a future osteopathic physician. These are embedded throughout programmatic objectives and curriculum. The curricular structure also encourages proficiency in the Core Entrustable Professional Activities (EPAs) for Entering Residency as defined by the Association of American Medical Colleges to help build toward that future phase of the journey toward medical practice. By the end of this specific course, learners should be able to achieve the following objectives within each competency domain indicated:

Medical Knowledge

1. Explore common presentations related to older persons that intersect with clinical disciplines. (*Clinical Science - Geriatrics, Clinical Science - Family, Clinical Science - Internal, Clinical Science - Pain/Palliative, Clinical Science - Preventive/Occupational, Clinical Science - Neuromusculoskeletal, Clinical Science - Neurology, Clinical Science - Physical/Rehabilitation, Clinical Science - Psychiatry/Behavioral, Clinical Science - Dermatology, etc.*)
2. Examine the physiologic basis of health and the pathophysiologic basis of disease through selected geriatric clinical presentations, such as those related to mobility, dermatology, neurodegenerative disorders, palliative care, etc. (*Biomedical Science - Pathology/Pathophysiology*)
3. Explain the rationale for recommending drugs, vaccines, and nutritional factors for the prevention, management, and treatment of common geriatric disorders, considering the mechanism of action, indications, contraindications, and side effects of each intervention. (*Biomedical Science - Pharmacology*)

Patient Care and Procedural Skills

4. Practice gathering accurate, essential data from all sources, including the patient, secondary sources, medical records, and physical examination (including osteopathic structural examination) for selected pediatric clinical presentations. (*Data Gathering - EPA 1*)
5. Practice formulating a differential diagnosis for selected geriatric clinical presentations, prioritizing diagnoses appropriately based on the patient evaluation and epidemiologic data. (*Differential Diagnosis - EPA 2*)

6. Practice developing an evidence-based, cost-effective, patient-centered care plan to assess and manage selected geriatric clinical presentations such as those related to mobility, dermatology, neurodegenerative disorders, palliative care, etc. (*Treatment/Management - EPA 4*)

Practice-Based Learning and Improvement

7. Practice using clinical decision-making tools and procedures, including the ability to form a clinical question and to retrieve and interpret evidence, within the context of geriatric disorders and conditions. (*Clinical Decision-Making - EPA 7*)

Professional Development and Reflection Skills

Additionally, the American Osteopathic Association indicates several other competencies on which professional development and reflection across time will foster effective medical practice. These include the ability to work collaboratively as part of an interprofessional team; the maintenance of an inquisitive and scientific approach to learning and medical practice; and the adoption of self-direction in lifelong learning and clinical decision-making. This course will contribute to the development of these longitudinal competencies or skills as indicated:

Self-Directed and Lifelong Learning

Self-directed learning is a 4-step process that occurs within an encapsulated timeframe. The goal of self-directed learning is to help foster self-direction in your lifelong learning and clinical decision-making. In this course, one way you will see the 4 steps of self-directed learning take shape is as follows:

1. **Self-Assessment of Learning Needs** – Students are presented with an online patient case containing guiding questions. They must reflect on knowledge to isolate related learning needs.
2. **Identification, Analysis, & Synthesis of Information** – Students then can seek out and synthesize related information through activities such as engaging or re-engaging with course materials or initiating web or database research.
3. **Appraisal of Information Credibility** – Once students have synthesized the information gathered, should appraise the credibility of their sources and knowledge relative to the patient case by responding to a series of self-assessment questions.
4. **Feedback on Information-Seeking Skills** – Students receive immediate feedback on their responses to self-assessment questions. That feedback includes both a score and written context on responses to guide their thinking. Students will attempt the self-assessment questions multiple times to assess their ability to apply that feedback and select the most appropriate response.

Course Coordinator

(*Note - Preferred method of contact is shown in italics*)

Name: Jeremiah Lopez, M.D.

Phone: 517-884-3784

Email: lopezjer@msu.edu (preferred method)

Address: 211 B West Fee Hall, East Lansing, MI 48824

Course Faculty

Name	Email	Phone	Site
Lauren Azevedo, DO	azevedol@msu.edu	517-353-3100	EL
Jason Beckrow, DO	beckrowj@msu.edu		EL
Kevin Foley, MD	foleyke@msu.edu		EL
Michelle Gallagher, DO	docmlg@msu.edu	517-487-0128	EL
James Sylvain, DO	sylvain@msu.edu	517-353-0713	EL
Jeremiah Lopez, MD	lopezjer@msu.edu	517-884-3784	EL

Curriculum Assistants

Site	Name	Email	Phone
East Lansing	Stephanie Goodrich	goodrics@msu.edu	517-432-5637
DMC	Smita Deb	debsmita@msu.edu	517-884-9628
MUC	Simone Jennings	sj@msu.edu	586-263-6746

Lines of Communication

- For administrative aspects of the Course: contact the course director.
- For content questions relating to a specific lecture or topic: contact the faculty presenter for that specific portion of the course or your SE MI on-site instructor.
- For absences/missed exams (see excused absence information below)
- Please set your notifications in D2L to immediate to receive posted News announcements. You may choose to receive notifications by email or SMS.

Office Hours

Questions concerning may be discussed individually by making an appointment with the Course Coordinator, Dr. Jeremiah Lopez, 211 B West Fee Hall, by phone at 517-884-3784 or e-mail: lopezjer@msu.edu. Dr. Lopez is available by appointment by Zoom during limited hours on Mondays, Wednesdays, and Fridays. Email Dr. Lopez for an appointment.

Course Web Site

The URL for the Course website is: <https://d2l.msu.edu>

Textbooks and Reference Materials

Required Textbooks

- iClicker Reef - Create a free iClicker Student account <https://student.iclicker.com/#/login>
iphone users - <https://apps.apple.com/us/app/reef-polling-by-i-clicker/id899690067>
Android users – go to the Google playstore to download the iclicker Reef app.

*Free to all MSU students when the student indicates their institution is MSU the subscription cost is waived.
- OST 583 Course Pack
- Ham, R.J., Hams Primary Care Geriatrics: A Case-Based Approach, 7th edition, 2022
ISBN: 9780323721684 ([Digital Copy Hams](#)) - Review chapters 1, 3, 6, 14, 16, 17, 19, 20, 24, 27, 30, 54.

- Bickley, L.S. Bates' Guide to Physical Examination and History Taking, 13th edition, 2021
ISBN: 9781496398178 ([Digital copy of 13th ed](#)).
Recommended Readings - links available on the D2L site
- Barbara Karnes, RN, (2018) *Gone from My Sight: The Dying Experience*, Barbara Karnes Publishing.
ISBN: 9780962160318
- Fox, E., [Predominance of the Curative Model of Medical Care: A Residual Problem](#), JAMA
1997;278(9):761-763.
- J. Andrews Billings, [Palliative Care in Undergraduate Medical Education](#), JAMA 1997, 278(9):733-738.
- Ferrini R, Klein JL. [The Effect of a Community Hospice Rotation on Self-Reported Knowledge, Attitudes and Skills of Third-Year Medical Students](#). Med Educ Online, 2000;5:6
- [Pharmacological Management of Persistent Pain in Older Persons](#). JAGS 57:1331-1346, 2009.
- Merck Manual of Geriatrics (URL: <https://www.merckmanuals.com>)- Search topic
The Dying Patient -
http://www.merckmanuals.com/professional/special_subjects/the_dying_patient/the_dying_patient.html#v8587485
Treatment of Pain-
http://www.merckmanuals.com/professional/neurologic_disorders/pain/treatment_of_pain.html#v1033018
Symptom Relief for the Dying Patient-
http://www.merckmanuals.com/professional/special_subjects/the_dying_patient/symptom_relief_for_the_dying_patient.html
- <http://www.comsep.org>

Course-based Academic Support

The course faculty are here to facilitate your learning. Please feel free to contact the Course Director with any personal issues you may have involving this course. Additional academic support resources can be accessed through MSUCOM Academic and Career Guidance and MSUCOM Personal Counseling.

Courses Begin and End Dates

OST583 begins on 1/08/2024 and ends on 1/22/2024. See addendum for detailed daily course schedule.

Exams/Assessments

The successful achievement of learning objectives will require knowledge and skills acquired in other portions of the overall MSUCOM educational program. Students will be expected to apply concepts and vocabulary learned in other courses to problem-solving for exams/assessments in this course.

To maintain security of assessments, you may NOT post questions on the discussion board regarding exam questions or quiz questions. Kindly email your questions to the course director.

Assessments	Projected Points	Material to be Covered
End of life Panel 1/12/24 @ 9am	5	Mandatory
D2L Medicine Case 1* Open: 1/16/24 @ 10am	3	Participation required for points. (open 24 hrs.) (See D2L for details)
D2L Medicine Case 2* Open: 1/16/24 @ 10am	3	Participation required for points. (open 24hrs.) (See D2L for details)
D2L Medicine Case 3 * Open: 1/16/24 @ 11am	3	Participation required for points. (open 24 hrs.) (See D2L for details)
D2L Medicine Case 4 * Open: 1/16/24 @ 11am	3	Participation required for points. (open 24 hrs.) (See D2L for details)
D2L Medicine Case 5 * Open: 1/17/24 @ 10am	3	Participation required for points. (open 24 hrs.) (See D2L for details)
S6UE1 -1/22/24 (2 pts. per question)	80	Comprehensive Aging Adult Content

* MAKEUP EXPERIENCES AVAILABLE FOR QUIZZES OR D2L ACTIVITIES/ASSESSMENTS. Make up for exam will be determined based on the excused absence policy.

*To be eligible to receive credit, you must complete and submit the D2L Medicine Cases. The intention of these D2L Clinical Case Quiz/Assessments are to be an educational opportunity and will be graded by participation.

Course Grades

The course faculty determine the threshold for satisfactory performance in each preclerkship course. Your course grade will be determined by the following formula:

$$\begin{aligned} & \text{S6UE1 + End of Life Panel + (Geriatrics Medicine D2L Cases 1-5) /} \\ & \quad (\text{total points possible}) \times 100\% \\ & \quad = \text{Final Percent Score} \end{aligned}$$

- **P-Pass**— means that you have achieved a satisfactory level of performance and will receive credit for this course. To obtain a “P” grade for this course, you must earn a final percent scores of 70% or a final point total of XX. .
- **N-No Grade**—means that you have not achieved a satisfactory level of performance and no credit will be granted for this course. If you earn a final percent score below 70% or a final point total of xx, you will receive an “N” grade.

- **Remediation** – If you receive an “N” grade and meet the criteria below, you will be eligible to attempt remediation:
 - Earn a final percent score in the course of 60% or greater

The remediation opportunity for this course will be by examination. Passing is 70%.

All remediation exams for semester 2024 are scheduled for Tuesday, March 26 or Wednesday, March 27, 2024. Refer to the remediation policy information provided in Section 2 of this syllabus for more information.

Student Evaluation of the Course

We want your feedback on how to improve this course.

- Informal Feedback: Feel free to approach the Course Director, Dr. Lopez, or any of the other course faculty with your reactions and suggestions.

Formal Evaluation: In addition to the above, we ask every student in the class to complete formal on-line course evaluation upon conclusion of the course. Student feedback provides Course Directors with valuable information regarding their performance, the performance of their colleagues, and the quality of the course. The information gained from these evaluations is used to continuously improve future offerings of this course. Students in the class of 2026 can access the evaluation system at: [MSUCOM Pre-clerkship Evaluation System](#)

Section 2 – Policies

Please refer to the Student Handbook at <https://osteopathicmedicine.msu.edu/current-students/student-handbook-course-catalog> for these and other policies.

Academic Honesty and Professionalism

Every student is responsible for their behavior and is expected to adhere to all MSU and MSUCOM policies of academic honesty and professionalism, as outlined in the MSUCOM Student Handbook and the MSU Medical Student Rights and Responsibilities. These documents may be found on the MSUCOM website. Additional guidance on academic integrity may be found on the MSU Ombudsperson’s website at <https://ombud.msu.edu/sites/default/files/content/Academic-Integrity-at-MSU-updated-August-2017.pdf>

Incidents of academic dishonesty or professional misconduct will be addressed by the faculty, administration or staff; such action may include, but is not limited to: giving a failing grade, referring a student for judicial review, directing the student to the Associate Dean of Medical Education, evaluation by the Committee on Student Evaluation, and other actions outlined in the Medical Student Rights and Responsibilities document.

Types of Class Sessions

MSUCOM designates lectures and other class sessions by their delivery method. While additional terms may be used in a specific course, the following will provide general guidance to the type of session:

- Live or livestream lecture: broadcast at a designated time; intended to be viewed synchronously
- Online Lecture: recorded content, may be viewed asynchronously

- Webinar: more interactive session where student participation is expected
- Lab: may refer to on-site clinical skills training or online lab session; see details

Changes to Course Schedule or Requirements

Due to external circumstances, the course requirements published in the course syllabus and/or course schedule may be subject to change. Timely notification Communication regarding changes will be provided to enrolled students via the course D2L site and/or email. Any changes made will consider the MSU Code of Teaching Responsibility and the MSU Medical Students Rights and Responsibilities.

Mandatory and Optional Class Sessions

All lectures and other class sessions are considered to be integral to the course, and students are expected to attend, view, or participate in each session. Some sessions are designated as “mandatory” in that attendance at the session on the scheduled date and time is required. Depending on the course, a student may earn points for attending or participating in a mandatory session or may lose points for failing to attend or participate. Availability of make-up points for missed sessions is at the discretion of the course coordinator. Optional class sessions are offered by faculty to assist students in learning or reviewing course content.

Absences from Mandatory Sessions and Examinations/Assessments

It is the responsibility of the student to know which class sessions are deemed as mandatory and comply with the MSUCOM policy regarding absences from mandatory sessions and examinations. This policy may be found in the MSUCOM Student Handbook on the MSUCOM website. Requests for an excused absence must be submitted via the [student portal](#).

Computer-Based Testing

It is the responsibility of each student to know and comply with the MSUCOM policy on computer-based testing. This policy may be found in the MSUCOM Student Handbook on the MSUCOM website.

Administration of quizzes, examinations, and other assessments may be self-proctored, virtual proctored, or classroom proctored. Regardless of the proctoring method, you are expected to take the exam in a quiet, private setting. Just like in a proctored exam, you are not to access notes, textbooks, references, your phone, or other materials, and you are not to interact with fellow students or others. Remember that integrity is defined as what you do when no one is looking.

You are also expected to not record, photograph, take screen shots, make notes of, or otherwise attempt to make a copy of any exam item for any purpose, including your personal use. A student who is discovered to have cheated or breached exam security will be subject to formal disciplinary action, up to and including dismissal from MSUCOM.

If you have concerns or evidence of an exam security breach on this or any exam, you may report that to an MSUCOM administrator or through the online concern form.

Medical Student Rights and Responsibilities

If problems arise between instructor and student, both should attempt to resolve them by informal,

direct discussions. If the problems remain unsolved, the Associate Dean for Medical Education and/or the MSU Ombudsperson may be consulted. The MSU Medical Student Rights and Responsibilities (MSRR) document defines processes for additional steps, including submission of a formal grievance. The MSSR may be found in the MSUCOM Student Handbook and online at splife.studentlife.msu.edu.

iClicker Student Policy

It is your responsibility to know and comply with the iClicker Policy. This policy may be found in the MSUCOM Student Handbook. If you forget your device or if it does not work, for whatever reason, no make-up experiences will be provided, and no points will be given.

If iClicker is used to take attendance for an on-campus event, you will be expected to arrive to the physical location on time and to stay for the duration of the assigned activity. If iClicker is used to take attendance for an online event, you will be expected to start the session at the scheduled time and participate for the duration of the assigned activity.

As a matter of professionalism, please note that under no circumstances should you provide access to your iClicker account to another student by sharing your device and/or account login, nor should you accept another student's device or login credentials to access iClicker on their behalf. Answering questions or checking in for attendance on behalf of another student by using their device or account is considered to be academic dishonesty and may result in disciplinary action up to and including dismissal from the college.

Remediation

The MSUCOM Policy for Retention, Promotion and Graduation requires successful completion of each required course to progress in the curriculum. If you receive an "N" grade in a course, that grade will be recorded on your official transcript; you must meet the course requirement by successfully remediating or repeating the course.

Eligibility to attempt remediation of the course is determined by criteria described in the "Course Grades" section of the syllabus. If you are not eligible to attempt remediation, or if you fail the remediation, you must retake the course, provided you are eligible to continue in the program as determined by the Committee on Student Evaluation.

Student Safety and Well-being

The MSUCOM website and Student Handbook provide information on student safety, campus security, access to medical care and counseling services, and to policies on injuries and exposures. If you have an injury or acute illness on campus, an incident report should be completed. The form is available on the MSUCOM intranet or from Academic Programs.

Academic Support Resources at MSUCOM

As a way to acclimate you to the curriculum at MSUCOM, we have created a program called On Target: <https://michiganstate.sharepoint.com/sites/OnTargetforAcademicSuccess>

On this site you will find semester roadmaps which gives a general overview of each semester, tools needed to be successful in the curriculum and targeted resources for your unique learning situation. In each semester's road map, you will also find course expectations, tips for success, potential trouble spots, longitudinal course integration, and specific course study guides.

Requests for Accommodations

Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities (RCPD) at 517-884-7273 or online at rcpd.msu.edu. Once eligibility for an accommodation has been determined, you may be issued a Verified Individualized Services and Accommodation (VISA) form. Each VISA includes an expiration date; to request an accommodation, you must have an active VISA. You may work with RCPD to renew a VISA.

During the preclerkship curriculum, the college will help to coordinate accommodations for additional testing time. Provide your VISA to Nancy Thoma, thoman@msu.edu, A333 East Fee Hall at the start of the term and/or at least two weeks prior to the assessment event (test, project, labs, etc.). Requests for accommodations received with less notice will be honored whenever possible. You may choose whether or not you wish to use accommodations for a particular event. For other accommodations, you may also review your VISA with the course coordinator and curriculum assistant assigned to that course.

Title IX Notifications

Michigan State University is committed to fostering a culture of caring and respect that is free of relationship violence and sexual misconduct, and to ensuring that all affected individuals have access to services. For information on reporting options, confidential advocacy and support resources, university policies and procedures, or how to make a difference on campus, visit the Title IX website at <https://civilrights.msu.edu>.

Limits to confidentiality. Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies. However, you should be aware that University employees, including instructors, may not be able to maintain confidentiality when it conflicts with their responsibility to report certain issues to protect the health and safety of MSU community members and others. Instructors must report the following information to other University offices (including the Department of Police and Public Safety):

- Suspected child abuse/neglect, even if this maltreatment happened when you were a child;
- Allegations of sexual assault, relationship violence, stalking, or sexual harassment; and
- Credible threats of harm to oneself or to others.

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual. If you would like to talk about these events in a more confidential setting, you are encouraged to make an appointment with the MSU Counseling and Psychiatric Services.

Addendum: Course Schedule

Course schedule for the current semester will be posted to D2L. Changes to the course schedule will be noted on the class academic calendar and communicated to students via D2L and/or email. The schedule for the most recent offering of this course will be posted on the MSUCOM website under Current Students/Preclerkship Curriculum.