

Sports OMT Overview and Frequently Asked Questions

The Sports OMT Elective is a two-year commitment starting in the fall of your first year. This course is ***only available in East Lansing***. In this course you will learn how to diagnose and treat patients using Osteopathic Manipulative Medicine and will be treating Athletes at MSU at our Sports OMT Clinic.

What is the time commitment?

It depends on the semester. Your first semester is the largest commitment. You will be attending class on Monday evenings throughout the fall semester to learn how to diagnose and treat athletes following our treatment protocol. Class will be 6-8pm in Fee hall (D9). You will also be required to attend our clinic to shadow/scribe for a second-year student 2-3 times in the first semester. After your second semester you will just be responsible for working 2-4 shifts in the Clinic. The Sports OMT Clinic is every Tuesday from 6-8 pm in Jenison Field house during the fall and spring semesters every year.

How do I apply?

Unfortunately, we are only able to accept 30 first year students into the Sports OMT Elective every year. In order to ensure the best experience for everyone involved, we utilize an additional 'mini essay' application (we want first year students who are truly interested in the experience and not simply looking for a 'resume filler'). First year students who are interested in applying for the Sports OMT Elective should:

1. Fill out the Sports OMT Mini Essay Application form by **August 8th**.

Here is the link for the Sports OMT Elective Mini Essay Application: [Sports OMT Application](#)

When will I know if I got into the class?

The Mini Essay Application is due on Friday, August 8th. The course coordinators will review the applications and you will hear back via email by August 15th at the latest.

How is the class graded?

This elective like all your other courses at MSU COM is pass/fail. There is a midterm, comprehensive written final exam and a practical exam to ensure that you have learned the treatment protocol. All subsequent semesters are attendance based, as long as you are

attending your assigned clinic sessions and participating you will pass the elective. You can switch your clinic session with another person in the class, but you will still need to meet a certain number of clinic sessions. One excused absence is allowed.

If I don't get into this elective are there other ways I can learn the information in this course?

Yes! All the treatments you learn in this class you will learn during your regular OMM classes through the MSUCOM curriculum. If you are looking for experience using OMM on real life patients you can also participate in the Student OMM Clinic Elective where you can treat community members with OMM. The Student OMM Clinic Elective opens in the spring of your 1st year, and you can apply for that elective every semester of your pre-clerkship curriculum.

If you have any other questions about this course, please reach out to the coordinators via email at msucomsportsomt@gmail.com.