



MENTAL HEALTH SERVICES

1. It is the policy of the College of Osteopathic Medicine to offer students access to mental health services through the college's Office of Wellness and Counseling and through Counseling and Psychological Services (CAPS) caps.msu.edu available through Michigan State University.
2. Crisis services are available 24 hours a day through CAPS. Students may reach this service by calling (517) 355-8270 and pressing "1" at the prompt to speak with a crisis counselor.
3. The Office of Wellness and Counseling abides by strict confidentiality practices and protection of students' rights at all times. Upon a student's initial appointment, the student will complete a Student Informed Consent to Services form. The Office follows The Family Educational Rights and Privacy Act (FERPA) with all student data collected. If a student desires to share their information with a third party, such as during a referral process, the student will complete an Authorization for Release of Information form.
4. For staff contact information, college and university resources, and self-help information, visit the Office of Wellness and Counseling webpage at com.msu.edu/current-students/student-life/wellness-and-counseling.